



CHEER UP!

Choreographer: Cinta Larrotcha (2003)

Description: 64 counts, line Dance, 4 walls

Video: <http://www.country-jukebox.com>

Songs: Take these chains from my Heart by Lee Roy Parnell

Let's Go Las Vegas by Faith Hill

1-4 HEEL CROSS, HOLD, HEEL, HITCH

- 1 - 2 Touch right heel over left, hold
- & 3 Step right beside left, touch left heel forward
- & 4 Step left beside right, hitch right

5-8 HEEL CROSS, HOLD, HEEL, HITCH

- 5 - 6 Touch right heel over left, hold
- & 7 Step right beside left, touch left heel forward
- & 8 Step left beside right, hitch right

9-12 HEEL, TOE, HEEL, TOE

- 9 Touch right heel over left
- 10 Touch right toe to right instep.
- 11 Touch right heel over left
- 12 Touch right toe to right instep.

13-16 TURN ¼ HEEL, HOOK, HEELS

- 13 Touch right heel forward ¼ turning to right
- 14 Right hook over left
- 15 Touch right heel forward
- 16 Touch right heel forward

17-20 HEEL, BACK TOE, HEEL ½ TURN

- &17 Step right beside left, Touch left heel forward
- 18 Touch left toe back
- 19 Touch left heel forward ½ turning to left
- 20 Step left beside right

21-24 ROCK FORWARD, RECOVER, ROCK BACK, RECOVER

- 21-22 Rock forward with the right foot, recover weight back
- 23-24 Rock back with the right foot, recover weight forward

25-28 SCUFF, HITCH, STOMP, STOMP

- 25 Scuff right forward
- 26 Hitch right.
- 27 Stomp right beside left.
- 28 Stomp right beside left.

29-32 BACK STEP & HEEL, HOLD, TOE, HEEL

- &29 Step back right, touch left heel forward
- 30 Hold.

- &31 Step left beside right, touch right toe beside left
&32 Step right back, touch left heel forward.

33-36 HITCH, STOMP, STOMP FORWARD, HOLD

- &33 Step left beside right, hitch right.

- 34-36 Stomp right beside left, Stomp right forward, Hold

37-40 TURN ¼ BUMS

- 37-40 Bum right to right side ¼ turning to left, Bum left, bum right, bum left

41-46 CROSS, VINE, ROCK, RECOVER

- 41-42 Step right over left, Step left to left side
43-44 Step right behind left, Step left to left side
45-46 Rock right over left, recover

47-52 SHUFFLE TURNING ¼, FULL TURN RIGHT, SHUFFLE

- 47&48 Step right forward ¼ turning to right, step left beside right, step right forward
49-50 Full turn right travelling forward stepping Left, Right
51&52 Step left forward, step right beside left, step left forward

53-58 ROCK, RECOVER, TOUCH, BEHIND, TOUCH BEHIND

- 53 Rock right forward
54 Recover
55 Touch right toe to right side
56 Step right behind left
57 Touch left toe to left side
58 Step left behind right

59-64 TOUCH, CROSS, TURN ½, HOLD, SIDE STEP, SLIDE

- 59 Touch right toe to right side
60 Step right over left
61 ½ turn to left
62 Hold
63 Long step left to left side
64 Slide right beside left

START AGAIN