



SWEET POLKA

Choreographed by Cinta Larrotcha

Descripción: 16 counts, 4 walls, beginner linedance

Música : Lee Roy Parnell - Brand new Feeling

<http://www.country-jukebox.com>

TRIPLE STEP FORWARD, STEP, SWIVEL, TRIPLE STEP BACK, ¼ TURN, STEP

- 1 Step Right forward
- & Step left beside right
- 2 Step Right forward
- 3 Step left forward
- & Swivel heels to left
- 4 Swivel heels to right (leaving weight on right foot)
- 5 Step left back
- & Step right beside left
- 6 Step left back
- 7 ¼ turn to right and step right to right side
- 8 Step left beside right

ROCK STEP, WAVE, ROCK STEP, WAVE

- 9 Rock right foot to right side
- 10 Recover onto left
- 11 Step right behind left
- & Step left to left side
- 12 Cross right over left
- 13 Rock left foot to left side
- 14 Recover onto right
- 15 Step left behind right
- & Step right to right side
- 16 Cross left over right

REPEAT